

# Minor Injuries Units

**Minor Injuries Units are Healthcare Facilities set up especially to treat Minor Injuries They are not Accident & Emergency Departments or Casualty Units.**

## **They provide:**

Examination and treatment from Experienced Emergency Nurse Practitioners  
X-ray facilities for limb injuries (elbow and below and knee and below)  
Referral on to other health care Professionals when indicated.

## **What do they Treat?**

Minor Injuries Units are geared up to treat “walking wounded”, patients suffering from things such as:

### **Uncomplicated fractures of limbs**

**Lacerations**

**Burns and scalds**

**Sprains and strains**

**Foreign bodies in eyes**

**Foreign bodies in nose**

**Bites and stings**

**Ligament Injuries**

**Head injuries**

**Foreign Bodies in skin**

**Foreign bodies in ear**

## **How do I know if my injury is serious or not?**

There are simple guidelines that you or somebody looking after you can apply, for example:

If you feel ill you should always try and see your own doctor

If you suffer an injury but feel you can make your own way to the Minor Injuries unit it is likely that your injury is minor enough to be treated there. If you call an ambulance you may be taken to the Minor Injuries Unit or an A&E department

If you make your own way to the Minor Injuries Unit and the Emergency Nurse Practitioner feels it is necessary you may be referred to your GP, A&E or another Health Care Professional.

**If in doubt telephone 01268 592300 for advice.**

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## So what are the advantages of the Minor injuries Unit?

Many people suffering a minor injury go to A&E departments for treatment.

This causes problems such as :

Clogging the system, as doctors and nurses have to treat patients according to need, not on a first come first served basis

You may have to wait a long time to be seen

**Far better to attend Minor Injuries Unit:-**

Providing easily accessible services locally

Reducing A&E waiting times

Allowing the A&E department to treat more seriously injured patients.

**Your Local Minor Injuries Unit is based at :-**

**Orsett General Hospital**

**Rowley Road, Orsett**

**Grays Essex**

**RM16 3EU**

**Telephone 01268 592300**

Open daily 10am to 8pm (closed Christmas Day and Boxing Day)

Last patient booked in at 7.30pm (for X-rays last patient is at 4.30pm)

The unit closes at 7pm on the last Thursday of every month for staff training.